

Numerically “exact” simulations of a quantum Carnot cycle: Analysis using thermodynamic work diagrams

Cite as: J. Chem. Phys. **157**, 084110 (2022); <https://doi.org/10.1063/5.0107305>

Submitted: 04 July 2022 • Accepted: 28 July 2022 • Accepted Manuscript Online: 29 July 2022 •
Published Online: 23 August 2022

 Shoki Koyanagi and  Yoshitaka Tanimura



View Online



Export Citation



CrossMark

ARTICLES YOU MAY BE INTERESTED IN

[Non-adiabatic Mapping Dynamics in the Phase Space of the \$\mathcal{SU}\(N\)\$ Lie Group](#)

The Journal of Chemical Physics (2022); <https://doi.org/10.1063/5.0094893>

[Self-adaptive real-time time-dependent density functional theory for x-ray absorptions](#)

The Journal of Chemical Physics **157**, 074106 (2022); <https://doi.org/10.1063/5.0106250>

[Numerically “exact” approach to open quantum dynamics: The hierarchical equations of motion \(HEOM\)](#)

The Journal of Chemical Physics **153**, 020901 (2020); <https://doi.org/10.1063/5.0011599>

Lock-in Amplifiers
up to 600 MHz



Zurich
Instruments



Numerically “exact” simulations of a quantum Carnot cycle: Analysis using thermodynamic work diagrams

Cite as: J. Chem. Phys. 157, 084110 (2022); doi: 10.1063/5.0107305

Submitted: 4 July 2022 • Accepted: 28 July 2022 •

Published Online: 23 August 2022



View Online



Export Citation



CrossMark

Shoki Koyanagi  and Yoshitaka Tanimura^{a)} 

AFFILIATIONS

Department of Chemistry, Graduate School of Science, Kyoto University, Kyoto 606-8502, Japan

^{a)} Author to whom correspondence should be addressed: tanimura.yoshitaka.5w@kyoto-u.jp

ABSTRACT

We investigate the efficiency of a quantum Carnot engine based on open quantum dynamics theory. The model includes time-dependent external fields for the subsystems controlling the isothermal and isentropic processes and for the system–bath (SB) interactions controlling the transition between these processes. Numerical simulations are conducted in a nonperturbative and non-Markovian SB coupling regime by using the hierarchical equations of motion under these fields at different cycle frequencies. The work applied to the total system and the heat exchanged with the baths are rigorously evaluated. In addition, by regarding quasi-static work as free energy, we compute the quantum thermodynamic variables and analyze the simulation results by using thermodynamic work diagrams for the first time. Analysis of these diagrams indicates that, in the strong SB coupling region, the fields for the SB interactions are major sources of work, while in other regions, the field for the subsystem is a source of work. We find that the maximum efficiency is achieved in the quasi-static case and is determined solely by the bath temperatures, regardless of the SB coupling strength, which is a numerical manifestation of Carnot’s theorem.

Published under an exclusive license by AIP Publishing. <https://doi.org/10.1063/5.0107305>

I. INTRODUCTION

In 1824, Carnot proposed a reversible heat engine (subsequently named the Carnot engine) that operates between a high-temperature (hot) bath at temperature T_1 and a low-temperature (cold) bath at temperature T_2 , with gas used as a working medium.¹ This heat engine performs the Carnot cycle, which consists of four reversible processes: (i) isothermal expansion, (ii) isentropic expansion, (iii) isothermal compression, and (iv) isentropic compression. Here, heat Q_1 is absorbed from the hot bath, and work is produced during the isothermal expansion process; heat Q_2 is expelled to the cold bath, and some work is lost in the isothermal compression process. The isentropic processes bridge the two isothermal processes quasi-statically by lowering or raising the temperature of the system to T_2 or T_1 , respectively. The work is done while adiabatically reducing the temperature, and the net heat gain is equal to the work done, i.e., $W = Q_1 - Q_2$. Carnot proved that (a) the thermal efficiency of this engine is the maximum that is possible and that (b) this maximum efficiency is determined solely by the temperatures of the heat baths (Carnot’s theorem). Moreover, in

the Carnot cycle, the relationship $Q_1/T_1 - Q_2/T_2 = 0$ is satisfied. To elucidate the characteristic features of the Carnot cycle, a thermodynamic work diagram (the P – V diagram) was later introduced by Clapeyron.² The work done by the system is represented by the area enclosed by the curves in the P – V diagram.

In 1848, Thomson (later Lord Kelvin) established that the temperatures appearing in the above formula should be regarded as thermodynamic (or absolute) temperatures.³ In the 1850s, the foundations of the second law of thermodynamics were established by Clausius on the basis of Carnot’s result.^{4,5} This result was generalized by Thomson and Clausius as $\oint dQ/T = 0$, where T is the temperature of the heat source and Q is the heat reversibly transferred to the system. In 1865, Clausius introduced the concept of entropy, which is defined as $dS = dQ/T$, and expressed the second law of thermodynamics for heat Q as $\oint dQ/T < \oint dS = 0$ in any irreversible process.⁶ Entropy is an extensive variable that characterizes the reversibility or irreversibility of thermal processes based on the Carnot cycle, and its conjugate intensive variable is temperature. The Carnot cycle was a key element in the construction of thermodynamics.

Recently, the advent of nanotechnology has led to thermodynamic investigations being extended to the quantum regime,^{7–27} in which the work and heat to be manipulated are quantized.^{28–39} However, such studies involve fundamental difficulties because the time evolution of the main system (subsystem) is described by quantum mechanics, while the thermal effects of the system are described by macroscopic thermodynamics and statistical mechanics for the equilibrium state. For example, in an investigation of isothermal processes, we must explicitly treat the system–bath (SB) interactions so as to maintain the subsystem in a state of thermal equilibrium under the influence of an external force. Because the energy scale of the SB interactions is comparable to the energy of the subsystem, we must consider not only the subsystem but also the SB interactions in a quantum-mechanically consistent manner. Moreover, the quantum description of the heat bath is significant because the subsystem and the bath are entangled (bathentanglement), particularly in the low-temperature case.^{40–43} In an adiabatic process, a thermodynamic system with a large number of degrees of freedom is usually assumed to be in an equilibrium state with a quasi-static change in an extensive thermodynamic variable. However, an isolated quantum subsystem cannot reach a thermal equilibrium state of its own, and thus, its temperature cannot be uniquely defined during adiabatic processes. Additionally, the definitions of thermodynamic variables in a small subsystem, particularly extensive variables such as magnetization and strain, are not clear in the quantum case.

In this paper, to clarify the relationship between quantum mechanics and statistical thermodynamics, we describe the results of quantum simulations of a Carnot cycle on the basis of an SB model. Although such investigations have been conducted in the framework of open quantum dynamics theories, even for strong SB coupling cases (e.g., for heat transport,^{44–58} heat engines and refrigerators,^{59–79} entropy production,^{80–82} nonequilibrium cases,^{19,83} and quantum information problems,^{84,85} in addition to being applied as a context for the Jarzynski equality,^{86–88} fluctuation theorems,^{89–94} and Maxwell’s demon^{95–97}), fully quantum investigations face difficulties because of the lack of a consistent thermodynamic formulation for a thermal system described by a Hamiltonian with external time-dependent perturbations.

Recently, it was shown that heat can be defined as the change in the heat-bath energy.^{57,64} The key to investigating this problem is the hierarchical equations of motion (HEOM) formalism, which enables the evaluation of the internal energies of not only the subsystem, but also the bath and the SB interactions, even in low-temperature, non-Markovian, and nonperturbative conditions.^{40–43,98–100} We show that, by introducing a time-dependent SB interaction, thermal transitions between isothermal and adiabatic states can also be investigated. By using HEOM to calculate the change in work and bath energy applied to the entire system, the efficiency of the heat engine under an arbitrary time-dependent external field can then be evaluated without assumptions.¹⁰¹

To enable thermodynamic analysis, the thermodynamic variables can be treated based on the SB model. For this purpose, we adopt the minimal work principle for a total isolated system, expressed as $W_{\text{tot}}(t) \geq \Delta F_{\text{tot}}(t)$, where $W_{\text{tot}}(t)$ is the work done by external fields and $\Delta F_{\text{tot}}(t)$ is the change in free energy, and define the “quasi-equilibrium” Helmholtz energy (qHE) as $\Delta F_{\text{tot}}(t) = W_{\text{tot}}^{\text{qst}}(t)$ with the system driven quasi-statically by

external fields. Although $W_{\text{tot}}(t)$ cannot be evaluated within the framework of regular open quantum dynamics theories (because the number of degrees of freedom of the bath has been reduced), we can evaluate this quantity indirectly using the hierarchical elements in the HEOM formalism. This is because, in the HEOM formalism, the higher hierarchical elements store information about the higher cumulant of the bath coordinates, as previously demonstrated.^{53,57,64,82,88} We then show that the Kelvin–Planck statement (or heat engine statement) of the second law of thermodynamics is only validated when we introduce a time-dependent SB interaction that describes energy conservation for adiabatic transitions.¹⁰¹

To this end, we extend previous research to verify Carnot’s theorem using the HEOM approach. The Carnot engine is described as a two-level subsystem (A) coupled with harmonic heat baths (B). To control the isothermal process, we consider the external field for the system (the isothermal driving field) and, to turn the hot and cold baths on and off, we introduce two time-dependent SB interactions (the adiabatic transition fields). We then investigate the thermodynamic efficiency of the Carnot cycle under various physical conditions. In addition, using the qHE formalism, thermodynamic work diagrams of external forces (such as stresses) and their conjugate variables (such as strains), similar to Clapeyron’s P – V diagram,² are introduced to analyze the work performed in the system. This extension is useful for analyzing experimental results in the quantum regime, where the quantized work and heat are to be manipulated.^{28,29,51–58}

The remainder of this paper is organized as follows: In Sec. II, we introduce the SB Hamiltonian and the HEOM formalism. We then describe the scheme used to calculate various thermodynamic variables based on open quantum dynamics theory. In Sec. III, we explain our model of the quantum Carnot cycle and present simulation results under the isothermal driving and adiabatic transition fields. The conjugate properties of these variables are calculated by regarding quasi-static work as free energy. Thermodynamic work diagrams are presented as functions of these variables. Finally, Sec. IV presents concluding remarks.

II. THEORY

A. Model

We consider a subsystem A coupled to two heat baths at high and low inverse temperatures $\beta_1 = 1/k_B T_1$ and $\beta_2 = 1/k_B T_2$ as the heat sources, where k_B is the Boltzmann constant. The total Hamiltonian is expressed as

$$\hat{H}_{\text{tot}}(t) = \hat{H}_A(t) + \sum_{k=1}^2 \left(\hat{H}_I^k(t) + \hat{H}_B^k \right), \quad (1)$$

where $\hat{H}_A(t)$, $\hat{H}_I^k(t)$, and \hat{H}_B^k are the Hamiltonians of the system, k th SB interaction, and k th bath, respectively. We consider a two-level system (TLS) defined as

$$\hat{H}_A(t) = -B(t)\hat{\sigma}_z + E\hat{\sigma}_x, \quad (2)$$

where $B(t)$ is the isothermal driving field (IDF), E is the off-diagonal coupling parameter, and $\hat{\sigma}_\alpha$ ($\alpha = x, y, \text{ or } z$) are Pauli matrices. In the

case of a spin system, $B(t)$ corresponds to the longitudinal magnetic field, and E is the transverse electric (Stark) field. The Hamiltonian representing the k th SB interaction and the k th bath is given by¹⁰¹

$$\hat{H}_1^k(t) = A_k(t) \hat{V}_k \sum_j c_j^k [\hat{b}_j^k + (\hat{b}_j^k)^\dagger] \quad (3)$$

and

$$\hat{H}_B^k = \sum_j \hbar \omega_j^k \left[(\hat{b}_j^k)^\dagger \hat{b}_j^k + \frac{1}{2} \right], \quad (4)$$

respectively, where \hat{V}_k is the system operator that describes the coupling to the k th bath, and $A_k(t)$ is the adiabatic transition field (ATF), which is introduced to describe the operation of an adiabatic wall between the system and the k th heat bath (e.g., the insertion or removal of the adiabatic wall or attaching or detaching the quantum system to/from the bath). Here, ω_j^k , c_j^k , \hat{b}_j^k , and $(\hat{b}_j^k)^\dagger$ are the frequency, coupling strength, and annihilation and creation operators for the j th mode of the k th bath, respectively.

Due to the bosonic nature of the baths, all bath effects on the system are determined by the k th bath correlation function, $C_k(t) \equiv \langle \hat{X}_k(t) \hat{X}_k(0) \rangle_B$, where $\hat{X}_k \equiv \sum_j c_j^k [\hat{b}_j^k + (\hat{b}_j^k)^\dagger]$ is the collective coordinate of the k th bath and $\langle \cdots \rangle_B$ represents the average taken with respect to the canonical density operator of the baths. The bath correlation function is expressed as

$$C_k(t) = \int_0^\infty d\omega \frac{J_k(\omega)}{\pi} \left[\coth\left(\frac{\beta_k \hbar \omega}{2}\right) \cos(\omega t) - i \sin(\omega t) \right], \quad (5)$$

where $J_k(\omega) \equiv \pi \sum_j (c_j^k)^2 \delta(\omega - \omega_j^k)$ is the bath spectral density. The real part of Eq. (5) is analogous to the classical correlation function of the bath and corresponds to the fluctuations, while the imaginary part corresponds to the dissipation. The fluctuation term is related to the dissipation term through the quantum version of the fluctuation–dissipation theorem.^{40,98} In this paper, we use the Drude spectral density function, described as

$$J_k(\omega) = \frac{\hbar \gamma_k^2 \omega}{\gamma_k^2 + \omega^2}, \quad (6)$$

where γ_k is the inverse noise correlation of the k th bath.

B. Hierarchical equations of motion

In the HEOM formalism, the set of equations of motion consists of the auxiliary density operators (ADOs).^{40–43,98–101} Here, we consider the case in which the bath correlation function, Eq. (5), is written as a linear combination of exponential functions, $C_k(t) = \sum_{l=0}^{K_k} \zeta_l^k e^{-\nu_l^k |t|}$, where ν_l^k , ζ_l^k , and K_k are the frequency, strength, and cutoff integer value for the k th bath obtained from a Padé spectral decomposition scheme to reduce the hierarchy size.¹⁰² The ADOs introduced in the HEOM are defined by $\hat{\rho}_{\vec{n}}(t)$ with a set of indices $\vec{n} = (n_1^0, \dots, n_1^{K_1}, n_2^0, \dots, n_2^{K_2})$, where n_l^k represents an integer value of zero or above. The zeroth ADO, $\hat{\rho}_{\vec{0}}(t)$ with

$\vec{0} = (0, 0, \dots, 0)$, corresponds to the actual reduced density operator. The HEOM for the IDF and ATFs is then expressed as¹⁰¹

$$\begin{aligned} \frac{\partial}{\partial t} \hat{\rho}_{\vec{n}}(t) = & \left(-\frac{i}{\hbar} \hat{H}_A^\times(t) - \sum_{k=1}^2 \sum_{l=0}^{K_k} n_l^k \nu_l^k \right) \hat{\rho}_{\vec{n}}(t) \\ & - \frac{i}{\hbar} \sum_{k=1}^2 A_k(t) \sum_{l=0}^{K_k} n_l^k \hat{\Theta}_l^k \hat{\rho}_{\vec{n} - \vec{e}_l^k}(t) \\ & - \frac{i}{\hbar} \sum_{k=1}^2 A_k(t) \sum_{l=0}^{K_k} \hat{V}_k^\times \hat{\rho}_{\vec{n} + \vec{e}_l^k}(t), \end{aligned} \quad (7)$$

where \vec{e}_l^k is the $(K_k + 1)$ -dimensional unit vector. We introduce a set of fluctuation–dissipation operators as

$$\hat{\Theta}_0^k \equiv \left(\frac{\gamma_k}{\beta_k} + \sum_{m=1}^{K_m} \frac{\zeta_m^k \gamma_k^2}{\beta_k} \frac{2\gamma_k}{\gamma_k^2 - (\nu_m^k)^2} \right) \hat{V}_k^\times - \frac{i\hbar \gamma_k^2}{2} \hat{V}_k^\circ \quad (8)$$

and

$$\hat{\Theta}_l^k \equiv -\frac{\zeta_l^k \gamma_k^2}{\beta_k} \frac{2\nu_l^k}{\gamma_k^2 - (\nu_l^k)^2} \hat{V}_k^\times, \quad (9)$$

where $\hat{\mathcal{O}}^\times \hat{\mathcal{P}} = [\hat{\mathcal{O}}, \hat{\mathcal{P}}]$ and $\hat{\mathcal{O}}^\circ \hat{\mathcal{P}} = \{\hat{\mathcal{O}}, \hat{\mathcal{P}}\}$ for arbitrary operators $\hat{\mathcal{O}}$ and $\hat{\mathcal{P}}$.

As the temporal initial conditions, we consider the factorized initial case,

$$\hat{\rho}_{\text{tot}}(0) = \hat{\rho}_A(0) \prod_{k=1}^2 \frac{e^{-\beta_k \hat{H}_B^k}}{\text{tr}_B \{ e^{-\beta_k \hat{H}_B^k} \}},$$

where $\hat{\rho}_A(t) = \hat{\rho}_{\vec{0}}(t)$ is the reduced density operator of the subsystem. To obtain the bathentangled steady-state solution described as $\hat{\rho}_{\vec{n}}(t)$, we integrate the HEOM under the periodical external fields until all of the hierarchy elements reach a steady state.

Using the zeroth member of the hierarchy $\hat{\rho}_{\vec{0}}(t)$, the nonequilibrium internal energy of the system (or the expectation value of the system energy) at time t is evaluated as

$$U_A^{\text{neq}}(t) = \text{tr}_A \{ \hat{H}_A(t) \hat{\rho}_{\vec{0}}(t) \}. \quad (10)$$

The nonequilibrium internal energy of the k th SB interaction is then expressed as^{57,64,82,88}

$$U_{I_k}^{\text{neq}}(t) = A_k(t) \sum_{l=0}^{K_k} \text{tr}_A \{ \hat{V}_k \hat{\rho}_{\vec{e}_l^k}(t) \}, \quad (11)$$

where \vec{e}_l^k is the index for the first-order hierarchical member.

Using the HEOM formalism, we can evaluate the k th bath energy as^{82,101}

$$\frac{\partial}{\partial t} U_{B_k}^{\text{neq}}(\beta_k; t) = A_k(t) \sum_{l=0}^{K_k} v_l^k \text{tr} \{ \hat{V}_k \hat{\rho}_{\bar{e}_l}(t) \} + A_k^2(t) \gamma_k^2 \text{tr}_A \{ \hat{V}_k^2 \hat{\rho}_{\bar{0}}(t) \}. \quad (12)$$

Because there is no external force applied to the bath, the k th bath heat can be obtained by integrating the above equation as

$$Q_{B_k}(\beta_k; t) = \Delta U_{B_k}^{\text{neq}}(\beta_k; t), \quad (13)$$

with $\Delta U_{B_k}^{\text{neq}}(\beta_k; t) \equiv U_{B_k}^{\text{neq}}(\beta_k; t + \delta t) - U_{B_k}^{\text{neq}}(\beta_k; t)$, where δt is the time step of the thermal process.

In this study, work is defined as the change in energy from one state to another state under a time-dependent perturbation expressed as

$$W_{\text{tot}}(t) = \int_t^{t+\delta t} dt' \text{tr} \left\{ \frac{d\hat{H}_{\text{tot}}(t')}{dt'} \hat{\rho}_{\text{tot}}(t') \right\}. \quad (14)$$

Because there is no external field for the bath, we have $W_{\text{tot}}(t) = W_{A+I}(t)$, where

$$W_{A+I}(t) \equiv W_A(t) + W_{I_1}(t) + W_{I_2}(t). \quad (15)$$

Using the HEOM, each component is evaluated as

$$W_A(t) = \int_t^{t+\delta t} dt' \text{tr}_A \left\{ \frac{\partial \hat{H}_A(t')}{\partial t'} \hat{\rho}_{\bar{0}}(t') \right\} \quad (16)$$

and

$$W_{I_k}(t) = \int_t^{t+\delta t} dt' \frac{dA_k(t')}{dt'} \sum_{l=0}^{K_k} \text{tr}_A \{ \hat{V}_k \hat{\rho}_{\bar{e}_l^k}(t') \}. \quad (17)$$

By this definition, when $W_{\text{tot}}(t) > 0$, work is done from the outside to the total system and is called “positive work.”

Using the above-mentioned equation, we can evaluate the k th bath energy for $A_k(t) > 0$ more accurately than from Eq. (12) as

$$\frac{\partial}{\partial t} U_{B_k}^{\text{neq}}(\beta_k; t) = -\frac{\partial}{\partial t} [U_A^{\text{neq}}(t) + U_{I_k}^{\text{neq}}(t)] + \frac{\partial}{\partial t} [W_A(t) + W_{I_k}(t)]. \quad (18)$$

C. Quasi-equilibrium Helmholtz energy and thermodynamic variables

Using the above definition of work with the HEOM, the efficiency of the system driven by the IDF and ATFs can be evaluated numerically and rigorously for any cycle speed. Nevertheless, we concentrate our discussion to the quasi-static case and attempt to quantify the quantum thermodynamic variables by comparing the physical quantities calculated in the HEOM with the thermodynamic quantities evaluated in the qHE, as explained in the following.

The work for the total system satisfies the minimum work principle, expressed as^{103–105}

$$W_{\text{tot}}(\beta; t) \geq \Delta F_{\text{tot}}(\beta; t), \quad (19)$$

which corresponds to the second law of thermodynamics. For the SB model, the above inequality has been verified numerically by placing the real-time HEOM for work on the left-hand side and the imaginary-time HEOM for the free energy on the right-hand side.^{42,43,106} This is because, even when \hat{H}_A and \hat{H}_I are weakly dependent on time, the steady-state solution of the HEOM is represented as the reduced density operator of the total equilibrium state, expressed as $\text{tr}_B \{ \exp[-\beta(\hat{H}_A + \hat{H}_I + \hat{H}_B)] \}$.^{42,43} It is known that, for a quasi-static process, the equality can be expressed within the level of numerical accuracy as^{82,88,101}

$$\Delta F_{\text{tot}}^{\text{qst}}(\beta; t) = W_{\text{tot}}^{\text{qst}}(\beta; t). \quad (20)$$

Although the above equation holds for the total system, rather than the reduced system, we can utilize the qHE by using the HEOM formalism because, through the use of the HEOM elements, we can evaluate the total work of the system, as illustrated in Eqs. (14)–(17). For each component, we also have $\Delta F_{\alpha}^{\text{qst}}(\beta; t) = W_{\alpha}^{\text{qst}}(\beta; t)$ for $\alpha = A, I_1$, and I_2 , where $W_{\alpha}^{\text{qst}}(\beta; t)$ is defined by Eqs. (16) and (17) using the quasi-static solution of the HEOM, which is expressed as $\hat{\rho}_{\bar{n}}^{\text{qst}}(t)$.¹⁰¹

In the Carnot cycle, the subsystem interacts with a single bath at a time. For external fields, such as the magnetic field $B(t)$ and stress $A_k(t)$, we then have that $\Delta F_{\text{tot}}^{\text{qst}}(\beta; t) = \Delta F_{A+I}^{\text{qst}}(\beta; t)$ for $\beta = \beta_k$ with $k = 1$ or 2 , where $\Delta F_{A+I}^{\text{qst}}(\beta_k; t) \equiv \Delta F_A^{\text{qst}}(\beta_k; t) + \Delta F_{I,k}^{\text{qst}}(\beta_k; t)$. Then, we can define the conjugate variables, such as the magnetization and strain, as¹⁰¹

$$M^{\text{qst}}(\beta_k; t) \equiv -\frac{\partial \Delta F_A^{\text{qst}}(\beta_k; t)}{\partial B(t)} \quad (21)$$

and

$$D_k^{\text{qst}}(\beta_k; t) \equiv -\frac{\partial \Delta F_{I_k}^{\text{qst}}(\beta_k; t)}{\partial A_k(t)}. \quad (22)$$

Thus, we can evaluate the above variables in terms of the state described by the ADOs at time t as

$$M^{\text{qst}}(\beta_k; t) = \text{tr}_A \{ \hat{\sigma}_z \hat{\rho}_{\bar{0}}(t) \} \quad (23)$$

and

$$D_k^{\text{qst}}(\beta_k; t) = -\sum_{l=0}^{K_k} \text{tr}_A \{ \hat{V}_k \hat{\rho}_{\bar{e}_l^k}(t) \}. \quad (24)$$

The change in the quasi-equilibrium Boltzmann entropy from time t to $t + \delta t$ can also be evaluated by differentiating the qHE with respect to the k th bath inverse temperature β_k as⁸²

$$\Delta S_{A+1}^{\text{qst}}(\beta_k; t) \equiv k_B \beta_k^2 \frac{\partial \Delta F_{A+1}^{\text{qst}}(\beta_k; t)}{\partial \beta_k}, \quad (25)$$

where we consider the case in which the subsystem interacts with the k th bath at that time. A comparison of this definition with the von Neumann entropy using the simulation results for the Carnot cycle is given in [Appendix B](#).

Note that $M^{\text{qst}}(\beta; t)$, $D_k^{\text{qst}}(\beta; t)$, and $\Delta S_{A+1}^{\text{qst}}(\beta; t)$ are state variables in the quasi-static state because they are uniquely determined by the state specified by the quasi-equilibrium distribution at t and are independent of the pathway of work. When the subsystem consists of n noninteracting spins that are independently coupled to the heat bath, the magnitudes of the above variables are proportional to n . Thus, they are extensive properties, while $B(t)$, $A_k(t)$, and β are intensive properties.

The quasi-static isothermal process at temperature $T_k = 1/k_B \beta_k$ is then expressed as

$$d\Delta F_{A+1}^{\text{qst}}(\beta_k; t) = -\Delta S_{A+1}^{\text{qst}}(\beta_k; t)dT_k - M^{\text{qst}}(\beta_k; t)dB - D_k^{\text{qst}}(\beta_k; t)dA_k. \quad (26)$$

III. QUANTUM CARNOT CYCLE

The conventional Carnot cycle consists of a system, described by pressure P and volume V , that interacts with hot and cold baths. Although isothermal processes can be easily described by changing an external perturbation $B(t)$, there are several difficulties in realizing the Carnot cycle, even theoretically, in a nanoscale quantum system. For example, to conduct a microscopic investigation of the Carnot cycle, the thermal work done by the insertion or removal of the adiabatic wall must be included because, otherwise, the energy conservation of the total system would be violated. Accordingly, because a small isolated system cannot reach thermal equilibrium by itself, an isentropic process cannot be achieved spontaneously by turning off the heat bath. Finally, although the Carnot cycle has been commonly characterized by the P - V diagram, in a small quantum system, the definitions of extensive variables are unclear. As we explained, the qHE provides the necessary means for analyzing the simulation results of the quantum Carnot cycle obtained from the HEOM approach.

A. Case under factorized assumption

Before presenting the computational results, we will first illustrate the B - M diagram under the assumption that the free energy of the TLS is determined by the partition function of the isolated TLS with Markovian and extremely weak SB interactions (factorized assumption). Thus, from $F_A^0(\beta; t) = -\ln \text{tr}\{\exp[-\beta \hat{H}_A(t)]\}/\beta$, we have

$$F_A^0(\beta; t) = -\frac{1}{\beta} \ln \left[2 \cosh \left(\beta \sqrt{B^2(t) + E^2} \right) \right]. \quad (27)$$

The conjugate variable $M_A^0(\beta_k; t) \equiv -\partial F_A^0(\beta_k; t)/\partial B$ at the inverse temperature β_k is then evaluated as

$$M_A^0(\beta_k; t) = \frac{B(t)}{\sqrt{B^2(t) + E^2}} \tanh \left(\beta_k \sqrt{B^2(t) + E^2} \right). \quad (28)$$

The entropy can also be evaluated by differentiating $F_A^0(\beta; t)$ with respect to β as

$$S_A^0(\beta; t) = k_B \left\{ \ln \left[2 \cosh \left(\beta \sqrt{B^2(t) + E^2} \right) \right] - \beta \sqrt{B^2(t) + E^2} \tanh \left(\beta \sqrt{B^2(t) + E^2} \right) \right\}. \quad (29)$$

This value agrees with the von Neumann entropy defined by Eq. (B1) because the subsystem is isolated.

Under the factorized assumption, we can depict the B - M diagram for the isothermal process $B(t)$: (i) $B_1 \rightarrow B_2$ and (iii) $B_3 \rightarrow B_4$ for any form of $B(t)$. To set up the isentropic processes (ii) $B_2 \rightarrow B_3$ and (iv) $B_4 \rightarrow B_1$, we must satisfy the condition (see [Appendix A](#))

$$B_b = \sqrt{\left(\frac{\beta_a}{\beta_b} \right)^2 (B_a^2 + E^2) - E^2}, \quad (30)$$

where β_a and β_b are the inverse temperatures of the baths before and after the adiabatic process for $(a, b) = (\text{ii}, \text{iii})$ or (iv, i) ; otherwise, entropy would be generated. In the conventional Carnot cycle, the isentropic process is regarded as a temperature-changing process, in which the internal energy changes spontaneously under adiabatic conditions. In the present case, the subsystem is isolated and the internal energy does not change without an external field. Moreover, the definition of the temperature during the isentropic process is not clear because the system is microscopic and isolated except for the initial and final states at β_a and β_b . Thus, instead of assuming a spontaneous change, we actively control the external field (IDF) using Eq. (30) to realize the temperature change between β_a and β_b in the isentropic processes.

As in the Carnot cycle, the parameters B_1 and B_2 can take any values, but they must satisfy the relation $B_1 < B_2$ to ensure that the work done by the cycle is positive. In [Fig. 1](#), we depict the B - M diagram for $B_1 = \sqrt{15}/2$ and $B_2 = \sqrt{7}/2$ with $\beta_1/\beta_2 = 2$. In comparison with the P - V diagram for an ideal gas, the B - M diagram has the opposite rotational direction. This is because an

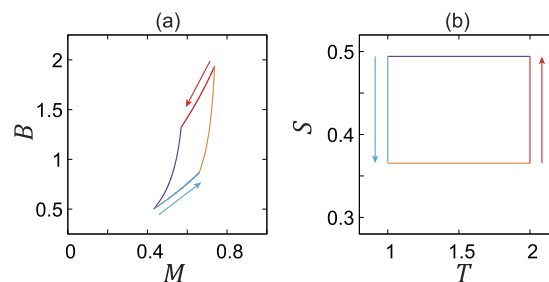


FIG. 1. (a) B - M diagram of the Carnot engine driven by $B(t)$ with $E = 0.5$ evaluated under the factorized assumption, i.e., $F_A(t) = -\ln \text{tr}_A \{ \exp[-\beta H_A(t)] \} / \beta$. Here, the blue and red curves represent the cold ($\beta_2 = 1.0$) isothermal expansion and hot ($\beta_1 = 0.5$) isothermal compression processes, while the purple and orange curves represent the hot isentropic expansion and cold isentropic compression processes, respectively. The cycle starts from the red arrow and evolves in a counterclockwise fashion over time (heat engine). (b) T - S diagram under the same condition as (a).

ideal gas is described by $dU = TdS - PdV$, whereas here we have $dU = TdS + BdM$ [see Eqs. (A2)–(A5)]. Thus, this cycle is described as (i) isothermal compression, (ii) isentropic compression, (iii) isothermal expansion, and (iv) isentropic expansion, which is the opposite of the P – V case. The area enclosed by the curves corresponds to the work, but a counterclockwise cycle represents positive work, which is also the opposite of the P – V case.

B. Cases for nonperturbative and non-Markovian conditions

1. Simulation details

We now simulate the Carnot engine by using our model, which includes both the IDF and the ATFs. We compute $W_{\text{tot}}(t) = W_{A+1}(t)$ for various cycle frequencies Ω , and then analyze the characteristics of the engine in the quasi-static case by using thermodynamic variables defined by the qHE, $\Delta F_{A+1}^{\text{qst}}(t) = W_{A+1}^{\text{qst}}(t)$. As explained in the factorized case, to realize the isentropic processes, we must change the IDF after removing or before attaching the heat bath, as described by (ii) and (iv). In addition to the regular four Carnot processes (i)–(iv), we must explicitly treat four additional processes that represent (i') removing and (iv') attaching the hot bath and (ii') attaching and (iii') removing the cold bath.

We conduct numerical simulations for the TLS coupled to two bosonic baths at different temperatures by using the HEOM approach. Here, we consider the equally spaced stroke period τ . Thus, the cycle period and frequency are $T = 8\tau$ and $\Omega = \pi/4\tau$, respectively (see Table I and Fig. 2). Throughout this paper, we fix the system parameter as $E = 0.5$ and the bath parameters as $\beta_1 = 0.5$, $\beta_2 = 1.0$, $\gamma \equiv \gamma_1 = \gamma_2 = 1.0$, and $A_0 = 0.1, \sqrt{0.1}$, or $\sqrt{3.0}$, where $A_0 \equiv A_1 = A_2$ is the maximum strength of $A_1(t)$ and $A_2(t)$. We choose the truncation number of the hierarchy, representing the depth of the HEOM computation, as $N = 8$ for $A_0 = \sqrt{3.0}$ and $N = 6$ for the other cases. A Padé spectral decomposition scheme is employed to obtain the expansion coefficients of the noise correlation functions.¹⁰² We set the number of Padé frequencies to $K_1 = K_2 = 4$. We integrate Eq. (7) from the temporal initial state

TABLE I. Cycle of the IDF [$B(t)$] and the hot and cold ATFs [$A_1(t)$ and $A_2(t)$] for an eight-stroke Carnot engine. Because we explicitly treat the bath removal and bath attachment processes of hot and cold baths denoted by (i')–(iv'), the cycle consists of eight strokes. Here, the stroke intervals are equally spaced and described as τ . Thus, the cycle period is $T = 8\tau$. The parameters B_1 and B_2 can take any values, while B_3 and B_4 are determined from Eq. (30). We set $B_1 = \sqrt{15}/2$, $B_2 = \sqrt{7}/2$, $B_3 = 1/2$, and $B_4 = \sqrt{3}/2$.

	$B(t)$	$A_1(t)/ A_1 $	$A_2(t)/ A_2 $
(i)	$B_1 + (B_2 - B_1)t/\tau$	1	0
(i')	B_2	$1 - (t - \tau)/\tau$	0
(ii)	$B_2 + (B_3 - B_2)(t - 2\tau)/\tau$	0	0
(ii')	B_3	0	$(t - 3\tau)/\tau$
(iii)	$B_3 + (B_4 - B_3)(t - 4\tau)/\tau$	0	1
(iii')	B_4	0	$1 - (t - 5\tau)/\tau$
(iv)	$B_4 + (B_1 - B_4)(t - 6\tau)/\tau$	0	0
(iv')	B_1	$(t - 7\tau)/\tau$	0

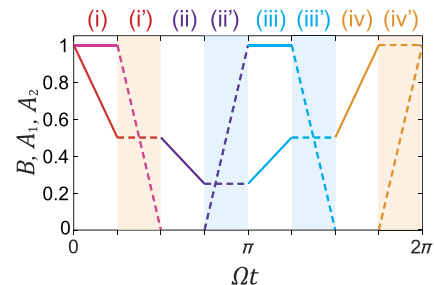


FIG. 2. Time profiles of $B(t)$, $A_1(t)$, and $A_2(t)$ for the eight-stroke Carnot cycle depicted as functions of Ωt , where $\Omega = \pi/4\tau$. The profile of $B(t)$ consists of the red, purple, blue, and orange solid lines, corresponding to isothermal and isentropic processes (i)–(iv), and the red, purple, blue, and orange dashed lines, corresponding to the bath removal and bath attachment processes of hot and cold baths (i')–(iv'). The profiles of $A_1(t)$ and $A_2(t)$ consist of the orange dashed, red solid, and red dashed lines, and the purple dashed, blue solid, and blue dashed lines, corresponding to the bath attachment, operation, and removal processes (vi'), (i), and (i'), and (ii'), (iii), and (iii'), for the hot and cold baths.

until the simulation cycle reaches the steady state with the time-dependent fields by using the fourth-order Runge–Kutta method with a time step of $\delta t = 1.0 \times 10^{-2}$. The various thermodynamic variables can then be evaluated from the HEOM elements.

To reduce the computation time, we set $\hat{\rho}_{\bar{n}}$ to zero for the elements $N_1 > 1$ and $N_2 > 1$ in $\tau \geq 100$, where $N_k = \sum_{l=0}^{K_k} n_l^k$. This treatment is valid because the ADOs of the hot bath are negligibly small by the time the bath is restored to the system; the ADOs decay exponentially in time after the baths are removed from the system.

2. Thermal efficiency

We now investigate the efficiency of the engine, which is significant in the characterization of the Carnot cycle. The total work and heat from the hot bath per cycle, W_{tot} and Q_{B_1} , are obtained from Eqs. (12), (13), and (15)–(17). The efficiency is then evaluated as

$$\varepsilon = \frac{W_{\text{tot}}}{Q_{B_1}}. \quad (31)$$

Figure 3(i) displays the efficiency ε as a function of Ω for (a) the weak ($A_0 = 0.1$), (b) intermediate ($A_0 = \sqrt{0.1}$), and (c) strong ($A_0 = \sqrt{3.0}$) SB coupling cases. For any A_0 , the efficiency converges to the Carnot limit $\varepsilon_C = 1 - \beta_H/\beta_C$ (which is 0.5 in the present case) for the quasi-static case $\Omega \rightarrow 0$, providing a manifestation of Carnot's theorem.

Figure 3(ii) displays the efficiency as a function of the SB coupling strength A_0 for the three values of Ω indicated by the colored dashed lines in Fig. 3(i). When A_0 is small, the thermal excitation is weak and a longer time is required for equilibration. Conversely, when A_0 is very large, the efficiency decreases due to the strong relaxation: the heat bath suppresses the kinetic motion relating to the heat flow.^{57,64,82} Thus, for a fixed value of Ω , the efficiency reaches a maximum in the intermediate region where A_0 is neither large nor small. This feature has been observed in various quantum transport problems, such as exciton transfer¹⁰⁷ and chemical-reaction problems,¹⁰⁸ and is known in the classical case as the Kramers turnover problem. As Ω becomes smaller and

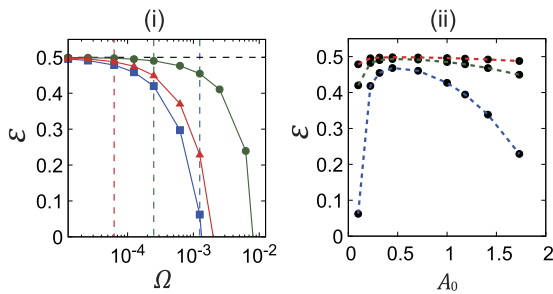


FIG. 3. (i) Efficiencies of the quantum Carnot engine calculated as a function of Ω for different SB coupling strengths: (a) $A_0 = 0.1$ (blue curve with square markers), (b) $A_0 = \sqrt{0.1}$ (green curve with circular markers), and (c) $A_0 = \sqrt{3.0}$ (red curve with triangular markers). (ii) Efficiencies of the quantum Carnot cycle as a function of A_0 at the frequencies $\Omega/2\pi = 1.25 \times 10^{-3}$ (blue dashed curve), 2.5×10^{-4} (green dashed curve), and 6.25×10^{-5} (red dashed curve) marked with black circular data points. The corresponding Ω is indicated by the dashed line for each frequency in (i).

approaches the quasi-static limit, the A_0 dependence of the efficiency is suppressed and the results approach the Carnot limit, as can be seen from Fig. 3(i).

3. B-M and A-D diagrams

Under the quasi-static condition, we can employ a thermodynamic description of the system because the variables defined from the qHE by Eqs. (21) and (22) become the state variables.^{82,88,101} By comparing these thermodynamic variables with the physical quantities calculated by HEOM, we can quantitatively verify the qHE description of quantum thermodynamics.

In Fig. 4, we depict the results for the IDF, hot ATF, and cold ATF as the (1) B - M , (2) A_1 - D_1 , and (3) A_2 - D_2 diagrams in the quasi-static case for the (a) weak, (b) intermediate, and (c) strong SB coupling cases. In these diagrams, the bath removal processes (i') and (iii') and bath attachment processes (ii') and (iv') are represented as dashed curves. The trajectories of the work diagram are periodic and closed because M , D_1 , and D_2 are the state variables. The area enclosed by each diagram corresponds to negative work when evolving in a counterclockwise fashion over time, and to positive work when evolving in a clockwise fashion. We have numerically confirmed that $W_{A+I}(\beta; t)$, evaluated as the areas surrounded by the trajectories of the diagrams, agrees with $W_{A+I}^{\text{HEOM}}(t)$ calculated from the HEOM (see Table II).

In the case of weak and intermediate SB coupling in Figs. 4(2a), 4(2b), 4(3a), and 4(3b), the positive work done by the hot ATF and the negative work done by the cold ATF are approximately equivalent and almost cancel each other out. Thus, the total work is predominantly determined by the work done by the IDF, as illustrated in the B - M diagram. In the cases of weak and intermediate coupling, the profiles in Figs. 4(1a) and 4(1b) thus become similar to that in the factorized assumption case in Fig. 2.

In the cases of strong coupling in Figs. 4(1c)-4(3c), because the SB interaction includes contributions from both the subsystem side and the bath side, the profiles in the A - D and B - M diagrams change significantly. If this TLS is regarded as a spin system, $B(t)$ corresponds to the excitation energy of the spin. Then, as $B(t)$ increases,

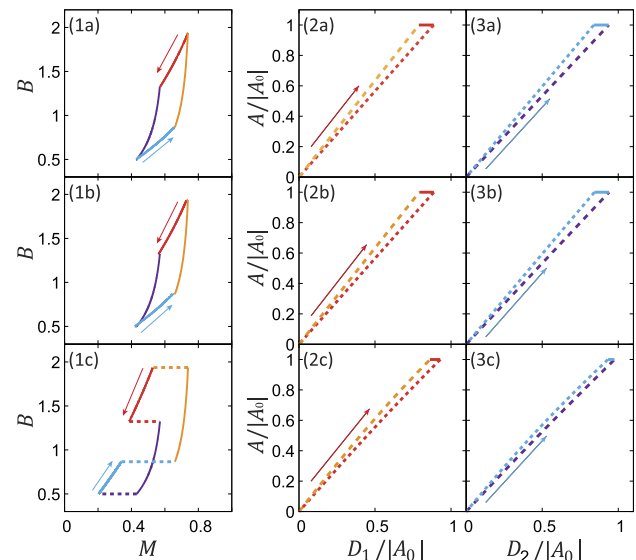


FIG. 4. (1) B - M , (2) A_1 - D_1 , and (3) A_2 - D_2 diagrams for the quasi-static processes with $E = 0.5$ in (a) the weak SB coupling case ($A_0 = 0.1$), (b) the intermediate SB coupling case ($A_0 = \sqrt{0.1}$), and (c) the strong SB coupling case ($A_0 = \sqrt{3.0}$). In (1), the B - M diagrams, the red and blue curves represent the (i) hot ($\beta_1 = 0.5$) isothermal compression and (iii) cold ($\beta_2 = 1.0$) isothermal expansion processes, whereas the purple and orange curves represent the (ii) isentropic compression and (iv) isentropic expansion processes, respectively. The cycle starts from the red arrow and evolves in a counterclockwise fashion over time (heat engine). In (2), the A_1 - D_1 diagrams, the red and orange dashed curves represent (i') removing and (iv') attaching the hot bath, whereas in (3), the A_2 - D_2 diagrams, the purple and blue dashed curves represent (ii') attaching and (iii') removing the cold bath. The cycles in the A_1 - D_1 and A_2 - D_2 diagrams start from the red and blue arrows and evolve in clockwise and counterclockwise fashions over time (refrigerator and heat engine), respectively.

the spin becomes aligned with the ground state, so the magnetization $M(\beta; t)$ increases. Because the SB interaction with $\hat{V} = \hat{\sigma}_x$ excites the spin, an increase or decrease in $A_k(t)$ causes a decrease or increase in $M(\beta; t)$, even if $B(t)$ remains constant. Thus, in the B - M diagram in Fig. 4(1c), we observe a contribution from the red and orange dashed lines resulting from changes in $A_1(t)$ in processes (i') and (iv') and from the purple and blue dashed lines resulting from changes in $A_2(t)$ in processes (ii') and (iii'). The areas surrounded by the trajectories of the B - M diagrams are divided vertically into two parts, with the processes evolving in a counterclockwise fashion over time at the top and those evolving in a clockwise fashion over time at the bottom. In this case, the work is evaluated from the area of the top minus the area of the bottom. In Fig. 4(1c), such effects appear as the horizontal shifts of the solid curves corresponding to (i)-(iv).

In the case of the A - D diagrams, an increase in $B(t)$ suppresses the spin excitation effect of $A_k(t)$, so $D_k(\beta; t)$ decreases even if $A_k(t)$ does not change, as shown by the red and blue horizontal lines in the A_1 - D_1 and A_2 - D_2 diagrams in Figs. 4(2c) and 4(3c), respectively. The suppression effect of $B(t)$ is smaller for the hot bath than for the cold bath, and the absolute value of the work done is larger for A_1 than for A_2 . The difference between the work done by A_1 and

TABLE II. Work done in one cycle for three values of the SB coupling strength A_0 . Here, W_a with $a = B-M$, A_1-D_1 , and A_2-D_2 represents the work evaluated as the areas surrounded by the trajectories of the work diagrams in Fig. 4, and W_b^{HEOM} with $b = A$, I_1 , and I_2 represents the work directly evaluated from the HEOM approach with Eqs. (16) and (17) for one cycle of the external fields $B(t)$, $A_1(t)$, and $A_2(t)$, respectively. In both cases, the value of the total work is identical and, in the HEOM case, it is evaluated as $W_{\text{tot}}^{\text{HEOM}} = W_A^{\text{HEOM}} + W_{I_1}^{\text{HEOM}} + W_{I_2}^{\text{HEOM}}$. Then, as we illustrated in Table III in Appendix B, we have $W_{\text{tot}}^{\text{HEOM}} + Q_{\text{tot}}^{\text{HEOM}} = 0$.

A_0	W_{B-M}	W_A^{HEOM}	$W_{A_1-D_1}$	$W_{I_1}^{\text{HEOM}}$	$W_{A_2-D_2}$	$W_{I_2}^{\text{HEOM}}$	$W_{\text{tot}}^{\text{HEOM}}$
0.1	-0.127	-0.127	4.83×10^{-4}	4.83×10^{-4}	-4.90×10^{-4}	-4.90×10^{-4}	-0.127
$\sqrt{0.1}$	-0.128	-0.128	4.81×10^{-3}	4.81×10^{-3}	-4.85×10^{-3}	-4.85×10^{-3}	-0.129
$\sqrt{3.0}$	-0.149	-0.149	0.122	0.122	-0.101	-0.101	-0.128

that done by A_2 is compensated by the work done by B , as presented in Table II. As we will show below using a T - S diagram, the bath removal and bath attachment processes dominate the heat transfer processes in the strong SB interaction case.

Although the profiles of the B - M diagrams are very different when the SB coupling strength is large, the total work done by the external fields is almost the same, regardless of the SB coupling strength, in the quasi-static limit, providing a manifestation of Carnot's theorem [see Fig. 3(ii) and Table II].

4. T - S diagram

We now consider the T - S diagram. Here, the change in the quasi-equilibrium Boltzmann entropy (qBE) is calculated from Eq. (25) by numerically differentiating $\Delta F_{A+I}^{\text{qst}}(\beta_k; t)$ with respect to β_k for $k = 1$ and 2 by using the finite difference expression $[\Delta F_{A+I}^{\text{qst}}(\beta_k + \Delta\beta; t) - \Delta F_{A+I}^{\text{qst}}(\beta_k; t)]/\Delta\beta$, with $\Delta\beta = 0.0001$.

Although the B - M and A - D diagrams are useful for interpreting the work that is directly evaluated by using the HEOM approach, the situation for the T - S diagram is different because the entropy is purely a thermodynamic variable that is indirectly evaluated by using the temperature. Therefore, the T - S diagram is better suited to exploring the thermodynamic features of the system. The area of the T - S diagram is equivalent to the net heat gain, which can be evaluated from the HEOM formalism as the change in the bath energy. In Fig. 5, we depict the T - S diagram for the (a) weak [$A_0 = 0.1$], (b) intermediate [$A_0 = \sqrt{0.1}$], and (c) strong [$A_0 = \sqrt{3.0}$] SB interaction cases. After the heat bath is removed, the system is isolated and the entropy does not change under the isentropic manipulation described in Sec. III A. For reference, we also plot the results based on the von Neumann entropy calculated from the zeroth HEOM element as $S_A^{\text{vN}}(t) = -\text{tr}_A\{\hat{\rho}_0(t) \ln \hat{\rho}_0(t)\}$ in Appendix B. The trajectories of the T - S diagram are periodic and closed because the qBE is the state variable. The area enclosed by each diagram corresponds to the positive heat when evolving in a counterclockwise fashion over time (see Table III in Appendix B).

For the weak and intermediate SB coupling cases in Figs. 5(a) and 5(b), the profiles of the T - S diagram are similar to the factorized case in Fig. 1(b). This is because the contribution of the entropy from the SB interaction is small in these cases. Conversely, for the strong SB coupling case in Fig. 5(c), the T - S diagram differs significantly due to the entropy change associated with the bath removal and bath attachment processes. This is because the system can be excited by the SB interaction through $\hat{V} = \hat{\sigma}_x$, so that entropy increases during the bath attachment process as the heat flowing

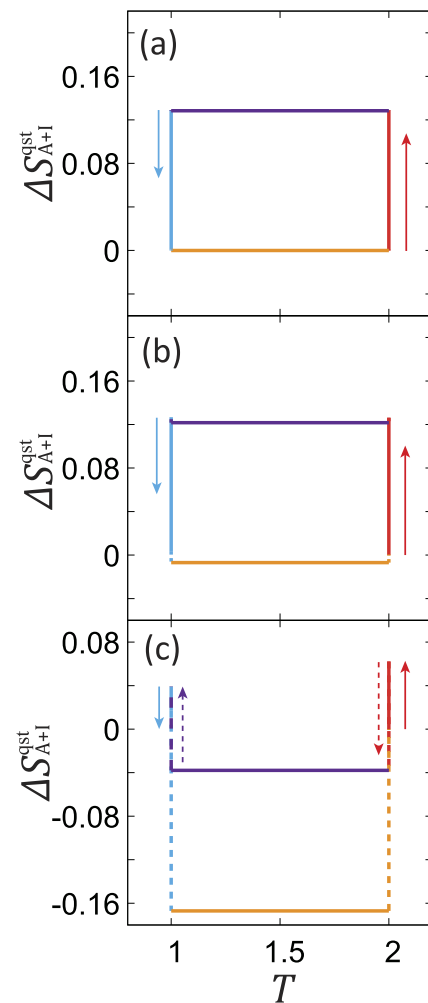


FIG. 5. T - S work diagrams for the quasi-static process ($\Omega/2\pi = 1.25 \times 10^{-5}$) in the (a) weak, (b) intermediate, and (c) strong SB coupling cases, corresponding to (a)–(c) in Fig. 4. The red and blue lines represent the (i) hot isothermal compression and (iii) cold isothermal expansion processes, whereas the purple and orange lines are the (ii) isentropic compression and (iv) isentropic expansion processes, respectively. In each figure, we set $\Delta S_{A+I}^{\text{qst}}(0) = 0$ and the cycle starts from the hot isothermal compression, as illustrated by the red arrow. In the strong SB coupling case in (c), the bath removal and attachment processes, represented by the dashed lines, determine the amount of heat production.

from the bath to the system increases, whereas entropy decreases during the bath removal process due to reverse heat flow. Thus, although the area enclosed by the lines corresponding to the net heat gain is the same, as illustrated in Table III, the heat flow is controlled by the bath attachment and removal processes in the strong coupling case, whereas the heat flow is controlled by the isothermal process in the weak and intermediate coupling cases. However, the area enclosed by the trajectory in the T - S diagram does not depend on the SB coupling strength, as in the case of work.

IV. CONCLUSIONS

We have conducted accurate numerical simulations of a quantum Carnot engine based on an SB model, incorporating the ATFs and IDF to describe the manipulations of the adiabatic wall by external forces. The HEOM formalism enables the evaluation of the internal energies of not only the subsystem but also the bath and the SB interactions even in low-temperature, non-Markovian, and nonperturbative conditions. We analyzed the real-time responses of work as functions of the cycle frequency. As expected, the computational results approach the Carnot efficiency in the quasi-static limit. Moreover, the efficiency does not change, regardless of the SB coupling strength, which is the manifestation of Carnot's theorem.

If the ATFs are abruptly changed, as in the conventional theory when introducing an adiabatic process, the cycle is no longer quasi-static and the efficiency becomes lower than the Carnot limit. The use of reduced equations of motion with Markovian and rotating wave approximations, such as the Lindblad equation, should be avoided because this does not accurately treat the quantum entanglement between the subsystem and the bath or the dynamic thermal effects described by the fluctuation and dissipation arising from the heat bath.^{42,43}

Considering work as the qHE, we computed the conjugate thermodynamic variables of the IDF and ATFs and depicted the results as thermodynamic work diagrams. We further introduced the qBE in an attempt to characterize the thermal properties of the cycle. We showed that work variables such as $M(\beta; t)$, $D_1(\beta; t)$, and $\Delta S_{A+1}^{\text{qst}}(\beta; t)$ are state variables. Thus, the areas surrounded by the trajectories in the M - B and A - D diagrams correspond to work, whereas the area within the trajectory of the T - S diagram corresponds to the net heat gain. The results show that ATFs are responsible for the work when the SB coupling is very strong, whereas the IDF is responsible when the SB coupling is not strong. As expected, the total work and net heat gain were found to be independent of the SB coupling strength in the quasi-static limit, as predicted by Carnot almost 200 years ago. The inclusion of ATFs is the key to maintaining physical consistency in the study of quantum thermodynamics and perhaps for quantum information.

Although here we employed a simple spin-boson system, we can apply the same method to ideal gas systems characterized by a P - V diagram by using the hierarchical quantum Fokker-Planck equations.^{41,43,108,109} In the case of a bosonic gas, the results should be similar to those for a classical ideal gas, except at very low temperatures; conversely, in the case of a fermionic gas, the results should exhibit quantum effects even at high temperatures. It would be interesting to investigate heat engines with different mechanisms,

although it seems unlikely that the thermodynamic laws will be violated.

In this investigation, we limited our analysis to work variables in a quasi-static case. As an extension of this study, it is possible to introduce nonequilibrium free energy by using the nonequilibrium work. Such investigations are left for future work.

ACKNOWLEDGMENTS

Y.T. was supported by the JSPS KAKENHI (Grant No. B21H01884). S.K. acknowledges a fellowship supported by JST, the establishment of university fellowships toward the creation of science technology innovation (Grant No. JPMJFS2123).

AUTHOR DECLARATIONS

Conflict of Interest

The authors have no conflicts to disclose.

Author Contributions

Shoki Koyanagi: Conceptualization (supporting); Data curation (lead); Formal analysis (equal); Investigation (equal); Software (lead); Writing – original draft (lead). **Yoshitaka Tanimura:** Conceptualization (lead); Data curation (supporting); Formal analysis (equal); Investigation (equal); Writing – review & editing (lead).

DATA AVAILABILITY

The data that support the findings of this study are available from the corresponding author upon reasonable request.

APPENDIX A: ISENTROPIC PROCESSES

In the classical Carnot cycle, the isentropic process is regarded as a temperature-changing process in which the internal energy also changes. In the present case, we cannot define the temperature during the isentropic process because the system is microscopic and isolated, aside from the initial and final states described by β_1 or β_2 . Thus, instead of assuming a spontaneous change in internal energy, we actively control the external field (IDF) to realize the temperature change between β_a and β_b in the isentropic processes.

Because the heat baths have been removed, we only consider the main system here. For an isentropic process, we have

$$dU_A = -M_A^0 dB, \quad (\text{A1})$$

because the change in entropy is zero. Alternatively, the internal energy is expressed as

$$dU_A = \left(\frac{\partial U_A}{\partial \beta} \right)_B d\beta + \left(\frac{\partial U_A}{\partial B} \right)_\beta dB. \quad (\text{A2})$$

Note that, in statistical physics, the free energy defined from the partition function is ubiquitously referred to as the Helmholtz energy. In the thermodynamic sense, the Helmholtz energy for B should be called the Gibbs energy because they appear as the Legendre

transformation of F with respect to B and its conjugate property M ($dG = -SdT - MdB$).¹⁰⁵ Accordingly, $dU = TdS + MdB$ should be called enthalpy instead of internal energy. Following the convention, however, we refer to F as the Helmholtz energy and U as the internal energy.

Because the internal energy of the TLS is evaluated from Eq. (27) as

$$U_A^0(t) = -\sqrt{B^2(t) + E^2} \tanh(\beta\sqrt{B^2(t) + E^2}), \quad (\text{A3})$$

we have

$$\left(\frac{\partial U_A}{\partial \beta}\right)_B = -\frac{B^2(t) + E^2}{\cosh^2(\beta\sqrt{B^2(t) + E^2})}, \quad (\text{A4})$$

$$\begin{aligned} \left(\frac{\partial U_A}{\partial B}\right)_\beta &= -\frac{B(t)}{\sqrt{B^2(t) + E^2}} \tanh(\beta\sqrt{B^2(t) + E^2}) \\ &\quad - \frac{\beta B(t)}{\cosh^2(\beta\sqrt{B^2(t) + E^2})}. \end{aligned} \quad (\text{A5})$$

From Eqs. (A1) and (A2), we have the relation

$$-(B^2 + E^2)d\beta = \beta BdB. \quad (\text{A6})$$

For isentropic processes from $B(t_a) = B_a$ at β_a to $B(t_b) = B_b$ at β_b , we have

$$-\ln\left(\frac{\beta_b}{\beta_a}\right) = \ln\left(\frac{\sqrt{E^2 + B_b^2}}{\sqrt{E^2 + B_a^2}}\right). \quad (\text{A7})$$

Thus, we have the relation

$$B_b = \sqrt{\left(\frac{\beta_a}{\beta_b}\right)^2 (B_a^2 + E^2) - E^2}. \quad (\text{A8})$$

APPENDIX B: QUASI-EQUILIBRIUM BOLTZMANN ENTROPY AND VON NEUMANN ENTROPY

The von Neumann entropy (vNE) is commonly used in quantum thermodynamics, particularly in nonequilibrium cases. It is defined as follows:

$$S_A^{\text{vN}}(t) = -\text{tr}_A\{\hat{\rho}_A(t) \ln \hat{\rho}_A(t)\}, \quad (\text{B1})$$

where $\hat{\rho}_A(t)$ is the reduced density matrix. In isolated systems, the qBE and vNE are equivalent, but in a reduced system, this equivalence does not hold due to the contribution of entropy from the SB interaction. If we use the reduced density matrix obtained from nonperturbative approaches, such as the HEOM approach, the description of vNE becomes reasonably accurate, even in the strong SB coupling case.⁸² Here, by using the zeroth member of the HEOM solution in Eq. (B1) as $\hat{\rho}_A(t) = \hat{\rho}_0$, we introduce the vNE to characterize the time evolution of the qBE more closely. Because the Carnot cycle involves two isentropic processes, where the qBE and vNE results must agree, we can verify the description of vNE in the

TABLE III. Net heat gain, evaluated as the area in the T - S diagrams based on the qBE [Q_{qBE}] and vNE [Q_{vNE}] for different SB coupling strengths A_0 . They are compared with one cycle of the bath energy [$Q_{\text{tot}}^{\text{HEOM}} \equiv \Delta U_{B_1}^{\text{qst}}(\beta_1; t) + \Delta U_{B_2}^{\text{qst}}(\beta_2; t)$], evaluated using Eq. (13) from the HEOM approach.

A_0	Q_{qBE}	Q_{vNE}	$Q_{\text{tot}}^{\text{HEOM}}$
0.1	0.1285	0.1289	0.1272
$\sqrt{0.1}$	0.1286	0.1289	0.1287
$\sqrt{3.0}$	0.1292	0.1290	0.1283

isotropic processes, as well as the transitions between the isentropic and isothermal processes.

By using the calculated entropy, we also computed the net heat gain per cycle. For example, for the vNE, Q_{vNE} is evaluated as

$$Q_{\text{vNE}} = \int_{-\frac{\pi}{4\Omega}}^{\frac{\pi}{2\Omega}} dt T_1 \frac{\partial S_A^{\text{vN}}(\beta_1; t)}{\partial t} + \int_{\frac{3\pi}{4\Omega}}^{\frac{3\pi}{2\Omega}} dt T_2 \frac{\partial S_A^{\text{vN}}(\beta_2; t)}{\partial t}. \quad (\text{B2})$$

The calculated results are presented in Table III. Although the net heat gain calculated directly from the HEOM agrees with the total work presented in Table II, there is a slight discrepancy between

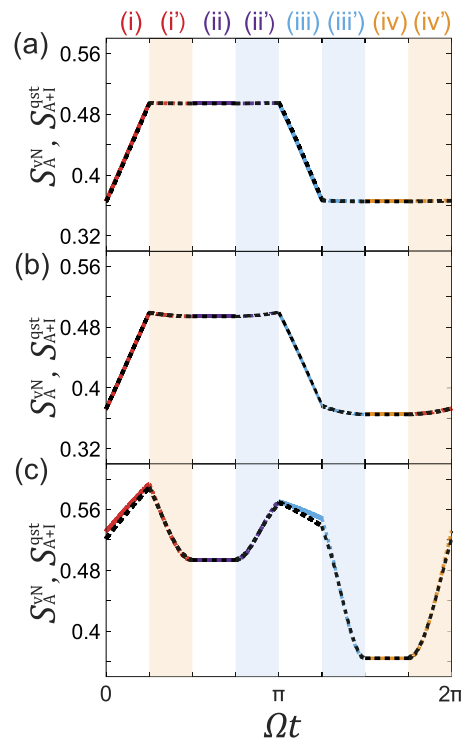


FIG. 6. Time evolution of the qBE (color curves) and vNE (black dashed curves) in the (a) weak, (b) intermediate, and (c) strong SB coupling cases for the eight-stroke cycle denoted by (i)-(iv') (for the correspondence between each stroke and the line colors, see Fig. 2).

$S_{\text{tot}}^{\text{HEOM}}$ and the other values obtained from the qBE and the vNE. This may be due to the insufficient precision of the β derivative in evaluating the entropy.

In Fig. 6, we depict the qBE and the vNE as a function of time for different SB coupling strengths. Here, we set the origin of the two graphs as $S_{A+i}^{\text{qst}}(t) = S_A^{\text{vN}}(t)$ at $t = \pi/2\Omega$. As illustrated in Figs. 6(a) and 6(b), the results from the qBE and the vNE are similar and almost overlap. This is because the contribution of the entropy from the SB interaction is small in these cases. In the strong coupling case in panel (c), while the time evolution of entropy in the isentropic processes is similar, that in the isothermal processes controlled by $B(t)$ is different. This is because the contribution of the entropy from the SB interaction is not accurately taken into account in the vNE due to its reduced description of the system. Thus, the vNE underestimates the entropy compared with the qBE in the isothermal processes. Because their contribution cancels out, the net heat gain, evaluated as the area in T - S diagrams, is similar in both the qBE and vNE cases, as presented in Table III.

REFERENCES

- 1 S. Carnot, *Reflexions sur la puissance motrice du feu* (Chez Bachelier Libraire, Quai des Augustins, Paris, 1824).
- 2 B. P. E. Clapeyron, "Memoire sur la puissance motrice de la chaleur," *J. Ec. R. Polytech.* **14**, 153–190 (1834).
- 3 W. Thomson, "On an absolute thermometric scale founded on Carnot's theory of the motive power of heat," in *Cambridge Philosophical Society Proceedings, June 5* (Cambridge Philosophical Society, 1848), Vol. 100–106.
- 4 R. Clausius, "Ueber die bewegende kraft der wärme und die gesetze, welche sich daraus für die wärmelehre selbst ableiten lassen," *Ann. Phys.* **155**, 500–524 (1850).
- 5 R. Clausius, "Ueber die anwendung der mechanischen wärmetheorie auf die dampfmaschine," *Ann. Phys.* **173**, 513–558 (1856).
- 6 R. Clausius, "Ueber verschiedene für die anwendung bequeme formen der hauptgleichungen der mechanischen wärmetheorie," *Ann. Phys.* **201**, 353–400 (1865).
- 7 *Thermodynamics in the Quantum Regime*, edited by F. Binder, L. A. Correa, G. Gogolin, J. Anders, and G. Adesso (Springer International Publishing, 2018).
- 8 R. Kosloff, "Quantum thermodynamics: A dynamical viewpoint," *Entropy* **15**, 2100–2128 (2013).
- 9 N. Lambert, S. Ahmed, M. Cirio, and F. Nori, "Modelling the ultra-strongly coupled spin-boson model with unphysical modes," *Nat. Commun.* **10**, 3721 (2019).
- 10 R. Härtle, G. Cohen, D. R. Reichman, and A. J. Millis, "Decoherence and lead-induced interdot coupling in nonequilibrium electron transport through interacting quantum dots: A hierarchical quantum master equation approach," *Phys. Rev. B* **88**, 235426 (2013).
- 11 M. F. Ludovico, J. S. Lim, M. Moskalets, L. Arrachea, and D. Sánchez, "Dynamical energy transfer in ac-driven quantum systems," *Phys. Rev. B* **89**, 161306 (2014).
- 12 M. Esposito, M. A. Ochoa, and M. Galperin, "Quantum thermodynamics: A nonequilibrium Green's function approach," *Phys. Rev. Lett.* **114**, 080602 (2015).
- 13 G. Cohen and M. Galperin, "Green's function methods for single molecule junctions," *J. Chem. Phys.* **152**, 090901 (2020).
- 14 F. Brandão, M. Horodecki, N. Ng, J. Oppenheim, and S. Wehner, "The second laws of quantum thermodynamics," *Proc. Natl. Acad. Sci. U. S. A.* **112**, 3275–3279 (2015).
- 15 P. Haughian, M. Esposito, and T. L. Schmidt, "Quantum thermodynamics of the resonant-level model with driven system-bath coupling," *Phys. Rev. B* **97**, 085435 (2018).
- 16 M. Perarnau-Llobet, H. Wilming, A. Riera, R. Gallego, and J. Eisert, "Strong coupling corrections in quantum thermodynamics," *Phys. Rev. Lett.* **120**, 120602 (2018).
- 17 K. Funo and H. T. Quan, "Path integral approach to heat in quantum thermodynamics," *Phys. Rev. E* **98**, 012113 (2018).
- 18 Á. Rivas, "Strong coupling thermodynamics of open quantum systems," *Phys. Rev. Lett.* **124**, 160601 (2020).
- 19 L. M. Cangemi, V. Cataudella, G. Benenti, M. Sassetti, and G. De Filippis, "Violation of thermodynamics uncertainty relations in a periodically driven work-to-work converter from weak to strong dissipation," *Phys. Rev. B* **102**, 165418 (2020).
- 20 P. Talkner and P. Hänggi, "Colloquium: Statistical mechanics and thermodynamics at strong coupling: Quantum and classical," *Rev. Mod. Phys.* **92**, 041002 (2020).
- 21 A. M. Zagoskin, E. Il'ichev, and F. Nori, "Heat cost of parametric generation of microwave squeezed states," *Phys. Rev. A* **85**, 063811 (2012).
- 22 A. M. Zagoskin, S. Savel'ev, F. Nori, and F. V. Kusmartsev, "Squeezing as the source of inefficiency in the quantum Otto cycle," *Phys. Rev. B* **86**, 014501 (2012).
- 23 A. Guthrie, C. D. Satrya, Y.-C. Chang, P. Menczel, F. Nori, and J. P. Pekola, "Cooper-pair box coupled to two resonators: An architecture for a quantum refrigerator," *Phys. Rev. Appl.* **17**, 064022 (2022).
- 24 K. Funo, N. Lambert, B. Karimi, J. P. Pekola, Y. Masuyama, and F. Nori, "Speeding up a quantum refrigerator via counterdiabatic driving," *Phys. Rev. B* **100**, 035407 (2019).
- 25 Y. Nomura, N. Yoshioka, and F. Nori, "Purifying deep Boltzmann machines for thermal quantum states," *Phys. Rev. Lett.* **127**, 060601 (2021).
- 26 K. Funo, N. Lambert, and F. Nori, "General bound on the performance of counter-diabatic driving acting on dissipative spin systems," *Phys. Rev. Lett.* **127**, 150401 (2021).
- 27 Y. Lu, N. Lambert, A. F. Kockum, K. Funo, A. Bengtsson, S. Gasparinetti, F. Nori, and P. Delsing, "Steady-state heat transport and work with a single artificial atom coupled to a waveguide: Emission without external driving," *PRX Q* **3**, 020305 (2022).
- 28 S. An, J.-N. Zhang, M. Um, D. Lv, Y. Lu, J. Zhang, Z.-Q. Yin, H. T. Quan, and K. Kim, "Experimental test of the quantum Jarzynski equality with a trapped-ion system," *Nat. Phys.* **11**, 193 (2015).
- 29 S. An, D. Lv, A. del Campo, and K. Kim, "Shortcuts to adiabaticity by counter-diabatic driving for trapped-ion displacement in phase space," *Nat. Commun.* **7**, 12999 (2016).
- 30 I. A. Martínez, E. Roldan, L. Dinis, D. Petrov, J. M. R. Parrondo, and R. A. Rica, "Brownian Carnot engine," *Nat. Phys.* **12**, 67 (2016).
- 31 N. V. Vitanov, A. A. Rangelov, B. W. Shore, and K. Bergmann, "Stimulated Raman adiabatic passage in physics, chemistry, and beyond," *Rev. Mod. Phys.* **89**, 015006 (2017).
- 32 E. A. Hoffmann, S. Fahlvik, C. Thelander, M. Leijnse, and H. Linke, "A quantum-dot heat engine operating close to the thermodynamic efficiency limits," *Nat. Nanotechnol.* **13**, 920–924 (2018).
- 33 J. Bengtsson, M. N. Tengstrand, A. Wacker, P. Samuelsson, M. Ueda, H. Linke, and S. M. Reimann, "Quantum Szilard engine with attractively interacting bosons," *Phys. Rev. Lett.* **120**, 100601 (2018).
- 34 M. Josefsson, A. Svilans, H. Linke, and M. Leijnse, "Optimal power and efficiency of single quantum dot heat engines: Theory and experiment," *Phys. Rev. B* **99**, 235432 (2019).
- 35 D. Prete, P. A. Erdman, V. Demontis, V. Zannier, D. Ercolani, L. Sorba, F. Beltram, F. Rossella, F. Taddei, and S. Roddaro, "Thermoelectric conversion at 30 K in InAs/InP nanowire quantum dots," *Nano Lett.* **19**, 3033–3039 (2019).
- 36 Y.-H. Ma, R.-X. Zhai, J. Chen, C. P. Sun, and H. Dong, "Experimental test of the $1/\tau$ -scaling entropy generation in finite-time thermodynamics," *Phys. Rev. Lett.* **125**, 210601 (2020).
- 37 A. G. de Oliveira, R. M. Gomes, V. C. C. Brasil, N. Rubiano da Silva, L. C. Céleri, and P. H. Souto Ribeiro, "Full thermalization of a photonic qubit," *Phys. Lett. A* **384**, 126933 (2020).
- 38 S. Hernández-Gómez, N. Staudenmaier, M. Campisi, and N. Fabbri, "Experimental test of fluctuation relations for driven open quantum systems with an NV center," *New J. Phys.* **23**, 065004 (2021).

- ³⁹S. Ryu, R. López, L. Serra, and D. Sánchez, “Beating Carnot efficiency with periodically driven chiral conductors,” *Nat. Commun.* **13**, 2512 (2022).
- ⁴⁰Y. Tanimura, “Stochastic Liouville, Langevin, Fokker–Planck, and master equation approaches to quantum dissipative systems,” *J. Phys. Soc. Jpn.* **75**, 082001 (2006).
- ⁴¹Y. Tanimura, “Numerically ‘exact’ approach to open quantum dynamics: The hierarchical equations of motion (HEOM),” *J. Chem. Phys.* **153**, 020901 (2020).
- ⁴²Y. Tanimura, “Reduced hierarchical equations of motion in real and imaginary time: Correlated initial states and thermodynamic quantities,” *J. Chem. Phys.* **141**, 044114 (2014).
- ⁴³Y. Tanimura, “Real-time and imaginary-time quantum hierarchical Fokker–Planck equations,” *J. Chem. Phys.* **142**, 144110 (2015).
- ⁴⁴D. Segal, A. Nitzan, and P. Hänggi, “Thermal conductance through molecular wires,” *J. Chem. Phys.* **119**, 6840–6855 (2003).
- ⁴⁵D. Segal and A. Nitzan, “Spin-boson thermal rectifier,” *Phys. Rev. Lett.* **94**, 034301 (2005).
- ⁴⁶D. Segal, “Heat flow in nonlinear molecular junctions: Master equation analysis,” *Phys. Rev. B* **73**, 205415 (2006).
- ⁴⁷N. Boudjada and D. Segal, “From dissipative dynamics to studies of heat transfer at the nanoscale: Analysis of the spin-Boson model,” *J. Phys. Chem. A* **118**, 11323–11336 (2014).
- ⁴⁸A. Dhar, “Heat transport in low-dimensional systems,” *Adv. Phys.* **57**, 457–537 (2008).
- ⁴⁹K. A. Velizhanin, H. Wang, and M. Thoss, “Heat transport through model molecular junctions: A multilayer multiconfiguration time-dependent Hartree approach,” *Chem. Phys. Lett.* **460**, 325–330 (2008).
- ⁵⁰Y. Dubi and M. Di Ventra, “Colloquium: Heat flow and thermoelectricity in atomic and molecular junctions,” *Rev. Mod. Phys.* **83**, 131–155 (2011).
- ⁵¹C. Wang, J. Ren, and J. Cao, “Nonequilibrium energy transfer at nanoscale: A unified theory from weak to strong coupling,” *Sci. Rep.* **5**, 11787 (2015).
- ⁵²K. Saito and T. Kato, “Kondo signature in heat transfer via a local two-state system,” *Phys. Rev. Lett.* **111**, 214301 (2013).
- ⁵³L. Song and Q. Shi, “Hierarchical equations of motion method applied to nonequilibrium heat transport in model molecular junctions: Transient heat current and high-order moments of the current operator,” *Phys. Rev. B* **95**, 064308 (2017).
- ⁵⁴E. Aurell and F. Montana, “Thermal power of heat flow through a qubit,” *Phys. Rev. E* **99**, 042130 (2019).
- ⁵⁵M. Kilgour, B. K. Agarwalla, and D. Segal, “Path-integral methodology and simulations of quantum thermal transport: Full counting statistics approach,” *J. Chem. Phys.* **150**, 084111 (2019).
- ⁵⁶M. Xu, J. T. Stockburger, and J. Ankerhold, “Heat transport through a superconducting artificial atom,” *Phys. Rev. B* **103**, 104304 (2021).
- ⁵⁷A. Kato and Y. Tanimura, “Quantum heat transport of a two-qubit system: Interplay between system-bath coherence and qubit-qubit coherence,” *J. Chem. Phys.* **143**, 064107 (2015).
- ⁵⁸M. Esposito, M. A. Ochoa, and M. Galperin, “Nature of heat in strongly coupled open quantum systems,” *Phys. Rev. B* **92**, 235440 (2015).
- ⁵⁹H. T. Quan, Y.-x. Liu, C. P. Sun, and F. Nori, “Quantum thermodynamic cycles and quantum heat engines,” *Phys. Rev. E* **76**, 031105 (2007).
- ⁶⁰N. Brunner, M. Huber, N. Linden, S. Popescu, R. Silva, and P. Skrzypczyk, “Entanglement enhances cooling in microscopic quantum refrigerators,” *Phys. Rev. E* **89**, 032115 (2014).
- ⁶¹L. Chotorlishvili, Z. Toklikishvili, and J. Berakdar, “Thermal entanglement and efficiency of the quantum Otto cycle for the su(1,1) Tavis–Cummings system,” *J. Phys. A: Math. Theor.* **44**, 165303 (2011).
- ⁶²R. Kosloff and A. Levy, “Quantum heat engines and refrigerators: Continuous devices,” *Annu. Rev. Phys. Chem.* **65**, 365–393 (2014).
- ⁶³R. Uzdin, A. Levy, and R. Kosloff, “Equivalence of quantum heat machines, and quantum-thermodynamic signatures,” *Phys. Rev. X* **5**, 031044 (2015).
- ⁶⁴A. Kato and Y. Tanimura, “Quantum heat current under non-perturbative and non-Markovian conditions: Applications to heat machines,” *J. Chem. Phys.* **145**, 224105 (2016).
- ⁶⁵Y. Y. Xu, B. Chen, and J. Liu, “Achieving the classical Carnot efficiency in a strongly coupled quantum heat engine,” *Phys. Rev. E* **97**, 022130 (2018).
- ⁶⁶S. Restrepo, J. Cerrillo, P. Strasberg, and G. Schaller, “From quantum heat engines to laser cooling: Floquet theory beyond the Born–Markov approximation,” *New J. Phys.* **20**, 053063 (2018).
- ⁶⁷M. Kilgour and D. Segal, “Coherence and decoherence in quantum absorption refrigerators,” *Phys. Rev. E* **98**, 012117 (2018).
- ⁶⁸A. Das and V. Mukherjee, “Quantum-enhanced finite-time Otto cycle,” *Phys. Rev. Res.* **2**, 033083 (2020).
- ⁶⁹P. A. Camati, J. F. G. Santos, and R. M. Serra, “Employing non-Markovian effects to improve the performance of a quantum Otto refrigerator,” *Phys. Rev. A* **102**, 012217 (2020).
- ⁷⁰R. S. Johal and V. Mehta, “Quantum heat engines with complex working media, complete Otto cycles and heuristics,” *Entropy* **23**, 1149 (2021).
- ⁷¹K. Ono, S. N. Shevchenko, T. Mori, S. Moriyama, and F. Nori, “Analog of a quantum heat engine using a single-spin qubit,” *Phys. Rev. Lett.* **125**, 166802 (2020).
- ⁷²M. Wiedmann, J. T. Stockburger, and J. Ankerhold, “Non-Markovian dynamics of a quantum heat engine: Out-of-equilibrium operation and thermal coupling control,” *New J. Phys.* **22**, 033007 (2020).
- ⁷³M. Wiedmann, J. T. Stockburger, and J. Ankerhold, “Non-Markovian quantum Otto refrigerator,” *Eur. Phys. J. Spec. Topics* **230**, 851–857 (2021).
- ⁷⁴M. Xu, J. T. Stockburger, G. Kurizki, and J. Ankerhold, “Minimal quantum thermal machine in a bandgap environment: Non-Markovian features and anti-Zeno advantage,” *New J. Phys.* **24**, 035003 (2022).
- ⁷⁵M. Brenes, J. J. Mendoza-Arenas, A. Purkayastha, M. T. Mitchison, S. R. Clark, and J. Goold, “Tensor-network method to simulate strongly interacting quantum thermal machines,” *Phys. Rev. X* **10**, 031040 (2020).
- ⁷⁶N. Pancotti, M. Scandi, M. T. Mitchison, and M. Perarnau-Llobet, “Speed-ups to isothermality: Enhanced quantum thermal machines through control of the system–bath coupling,” *Phys. Rev. X* **10**, 031015 (2020).
- ⁷⁷S. Lee, M. Ha, J. M. Park, and H. Jeong, “Finite-time quantum Otto engine: Surpassing the quasistatic efficiency due to friction,” *Phys. Rev. E* **101**, 022127 (2020).
- ⁷⁸S. Hamedani Raja, S. Maniscalco, G. S. Paraoanu, J. P. Pekola, and N. Lo Gullo, “Finite-time quantum Stirling heat engine,” *New J. Phys.* **23**, 033034 (2021).
- ⁷⁹F. Ivander, N. Anto-Sztrikacs, and D. Segal, “Strong system–bath coupling effects in quantum absorption refrigerators,” *Phys. Rev. E* **105**, 034112 (2022).
- ⁸⁰K. Goyal, X. He, and R. Kawai, “Entropy production of a small quantum system under strong coupling with an environment: A computational experiment,” *Physica A* **552**, 122627 (2020).
- ⁸¹N. Seshadri and M. Galperin, “Entropy and information flow in quantum systems strongly coupled to baths,” *Phys. Rev. B* **103**, 085415 (2021).
- ⁸²S. Sakamoto and Y. Tanimura, “Numerically ‘exact’ simulations of entropy production in the fully quantum regime: Boltzmann entropy vs von Neumann entropy,” *J. Chem. Phys.* **153**, 234107 (2020).
- ⁸³R. Schmidt, M. F. Carusela, J. P. Pekola, S. Suomela, and J. Ankerhold, “Work and heat for two-level systems in dissipative environments: Strong driving and non-Markovian dynamics,” *Phys. Rev. B* **91**, 224303 (2015).
- ⁸⁴J. Goold, M. Huber, A. Riera, L. d. Rio, and P. Skrzypczyk, “The role of quantum information in thermodynamics—A topical review,” *J. Phys. A: Math. Theor.* **49**, 143001 (2016).
- ⁸⁵P. Strasberg, G. Schaller, T. Brandes, and M. Esposito, “Quantum and information thermodynamics: A unifying framework based on repeated interactions,” *Phys. Rev. X* **7**, 021003 (2017).
- ⁸⁶C. Jarzynski, “Nonequilibrium work theorem for a system strongly coupled to a thermal environment,” *J. Stat. Mech.: Theory Exp.* **2004**, P09005.
- ⁸⁷S. Yukawa, “A quantum analogue of the Jarzynski equality,” *J. Phys. Soc. Jpn.* **69**, 2367–2370 (2000).
- ⁸⁸S. Sakamoto and Y. Tanimura, “Open quantum dynamics theory for non-equilibrium work: Hierarchical equations of motion approach,” *J. Phys. Soc. Jpn.* **90**, 033001 (2021).
- ⁸⁹M. Campisi, P. Talkner, and P. Hänggi, “Fluctuation theorem for arbitrary open quantum systems,” *Phys. Rev. Lett.* **102**, 210401 (2009).

- ⁹⁰M. Esposito, U. Harbola, and S. Mukamel, “Nonequilibrium fluctuations, fluctuation theorems, and counting statistics in quantum systems,” *Rev. Mod. Phys.* **81**, 1665–1702 (2009).
- ⁹¹U. Seifert, “Stochastic thermodynamics, fluctuation theorems and molecular machines,” *Rep. Prog. Phys.* **75**, 126001 (2012).
- ⁹²M. Campisi, P. Hänggi, and P. Talkner, “Colloquium: Quantum fluctuation relations: Foundations and applications,” *Rev. Mod. Phys.* **83**, 771–791 (2011).
- ⁹³E. Aurell, B. Donvil, and K. Mallick, “Large deviations and fluctuation theorem for the quantum heat current in the spin-boson model,” *Phys. Rev. E* **101**, 052116 (2020).
- ⁹⁴R. S. Whitney, “Non-Markovian quantum thermodynamics: Laws and fluctuation theorems,” *Phys. Rev. B* **98**, 085415 (2018).
- ⁹⁵H. T. Quan, Y. D. Wang, Y.-x. Liu, C. P. Sun, and F. Nori, “Maxwell’s demon assisted thermodynamic cycle in superconducting quantum circuits,” *Phys. Rev. Lett.* **97**, 180402 (2006).
- ⁹⁶K. Maruyama, F. Nori, and V. Vedral, “Colloquium: The physics of Maxwell’s demon and information,” *Rev. Mod. Phys.* **81**, 1–23 (2009).
- ⁹⁷H. Leff and A. F. Rex, *Maxwell’s Demon 2 Entropy, Classical and Quantum Information, Computing* (CRC Press, 2002).
- ⁹⁸Y. Tanimura and R. Kubo, “Time evolution of a quantum system in contact with a nearly Gaussian-Markoffian noise bath,” *J. Phys. Soc. Jpn.* **58**, 101–114 (1989).
- ⁹⁹Y. Tanimura, “Nonperturbative expansion method for a quantum system coupled to a harmonic-oscillator bath,” *Phys. Rev. A* **41**, 6676–6687 (1990).
- ¹⁰⁰A. Ishizaki and Y. Tanimura, “Quantum dynamics of system strongly coupled to low-temperature colored noise bath: Reduced hierarchy equations approach,” *J. Phys. Soc. Jpn.* **74**, 3131–3134 (2005).
- ¹⁰¹S. Koyanagi and Y. Tanimura, “The laws of thermodynamics for quantum dissipative systems: A quasi-equilibrium Helmholtz energy approach,” *J. Chem. Phys.* **157**, 014104 (2022).
- ¹⁰²J. Hu, R.-X. Xu, and Y. Yan, “Communication: Padé spectrum decomposition of Fermi function and Bose function,” *J. Chem. Phys.* **133**, 101106 (2010).
- ¹⁰³A. Lenard, “Thermodynamical proof of the Gibbs formula for elementary quantum systems,” *J. Stat. Phys.* **19**, 575 (1978).
- ¹⁰⁴H. Tasaki, “Jarzynski relations for quantum systems and some applications,” [arXiv:cond-mat/0009244](https://arxiv.org/abs/cond-mat/0009244) [cond-mat.stat-mech] (2000).
- ¹⁰⁵Y. Oono, *Perspectives on Statistical Thermodynamics* (Cambridge University Press, 2017).
- ¹⁰⁶J. Zhang and Y. Tanimura, “Imaginary-time hierarchical equations of motion for thermodynamic variables,” *J. Chem. Phys.* **156**, 174112 (2022).
- ¹⁰⁷A. Ishizaki and G. R. Fleming, “On the adequacy of the Redfield equation and related approaches to the study of quantum dynamics in electronic energy transfer,” *J. Chem. Phys.* **130**, 234110 (2009).
- ¹⁰⁸Y. Tanimura and P. G. Wolynes, “The interplay of tunneling, resonance, and dissipation in quantum barrier crossing: A numerical study,” *J. Chem. Phys.* **96**, 8485–8496 (1992).
- ¹⁰⁹T. Ikeda and Y. Tanimura, “Low-temperature quantum Fokker–Planck and Smoluchowski equations and their extension to multistate systems,” *J. Chem. Theory Comput.* **15**, 2517–2534 (2019).